

### DO NOT WRITE IN THIS BINDING MARGIN



## **SEE OVER FOR DECISION SUPPORT**

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HEPARIN INTRAVENOUS					S   So	Sodium Heparin 25 000 units diluted to 50mL with						(Affix patient identification label here)								
Queensland Government			ION O			Date		Sodium Chloride	(500 units/r Target APTT Range			URN			NOT A VALID					
Queensland Health	ADI	MINIS	TRAT	ION F	ORN	/ Date	Indica	IIIOII	ranger AFTT Kang	(SECS) VV	eigiit (kg)	Fami	ly name:							30
Facility/	Service											Give	n names			PRESC				
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vvaiu/U	I II <b>L.</b>					(it any	ticked, see	over (2) for recommendation			rombolysis)									
Attach ADR Sticker					Baseli	Baseline Platelets Prescriber Signature Print Your Nar			Antiplatelets  Contact Date of birth: Sex:						:: \[ \] \	М□г				
YEAR:	20					(150-4	00 x10 <sup>9</sup> /L)				3030			to Print Pa	tient					_
		(See	e Medicatio	on Chart for	r details	5)				i				ck Label C		_				_
						Hen	arin Or∉	dering				Νι	irsing A	Adminis	stration	Record				٦
	leparii			Fo	r INITIA	•	Heparin Ordering us & INITIAL rate calculations see over										Syringe Set up and Stop Change syringe at least			nari
l Mc	onitori	ng					RDER BEI				neparin Administration					every 2	very 24 hours and tub- ng as per hospital policy			
Date &	APTT	Platelet	Date &	IV Bolus	With-	Rate	Rate	Change Authorisetic	n	Date &	IV Bolus	Time	Time	Rate	Rate	Nurse 1	ing as p	er hospita Set up	Volume	
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These are guidelines only, based on available literature to date. They have been developed for use in an adult population.

## Organise baseline APTT and full blood count

Seek appropriate advice if baseline results abnormal.

Review platelets daily until day 14, or until heparin infusion is stopped, whichever occurs first to screen for heparin-induced thrombocytopenia/thrombosis (HITTS).1 Seek advice if platelet count is less than 100 or falls by greater than 30% from baseline.

# Complete Baseline Prescription (red shaded area)

Complete the prescription area on the front of the form including indication, target APTT range, patient weight and baseline platelets. Recommended target APTT

- ACS<sup>†</sup>, in place of Warfarin maintenance and neuro/vascular surgery: 65 90
- PE/DVT: 65 100

## CAUTION: Enoxaparin / LMWH must NOT be administered at the same time as IV heparin

### Enoxaparin (Clexane™) or other Low Molecular Weight Heparins (LMWH)\*

 If enoxaparin / LMWH recently administered, seek expert advice regarding initiation of IV heparin (as a guide, 10 hours post enoxaparin administration, depending on dose and co-existing conditions)

### Fibrinolytic agent (thrombolysis)

- If streptokinase is indicated, and patient is on IV heparin, cease IV heparin and defer starting streptokinase until APTT is less than 90 secs; once complete, IV heparin should be re-started without a bolus when APTT is again less than 90 secs
- If administering IV heparin with other fibrinolytic agents (thrombolysis), other than streptokinase, see table in section 3 for recommendations on initial bolus and initial rates of infusion

### Warfarin / Antiplatelets

When administering IV heparin with agents such as warfarin, aspirin, clopidogrel and glycoprotein Ilb/IIIa receptor inhibitors, there is a higher risk of bleeding complications.

## Complete the 'Heparin Ordering' Section

Recommendations for initial bolus and initial rates of infusion are tabled below (round to closest 50 units/hr)<sup>2, 3</sup>. *Individual specialist requirements may vary.* 

Indication	Initial bolus	Initial rate
ACS† or in place of Warfarin maintenance	60 units/kg (with fibrinolytic: max 4 000 units no fibrinolytic: max 5 000 units)	12 units/kg/hr (max 1 000 units/hr)
Neuro/vascular Surgery	<b>70 units/kg</b> (max 5 000 units)	15 units/kg/hr (max 1 000 units/hr)
Pulmonary Emboli (PE) & Deep Vein Thrombosis (DVT)	<b>80 units/kg</b> (max 8 000 units)	18 units/kg/hr (max 1 500 units/hr)

# Organise APTT to be taken and checked 4 to 6 hours after initiation of IV heparin

## **Heparin Infusion Rates**

Conversion of units/hr to mL/hr for Sodium Heparin 25 000 units diluted to 50mL with 0.9% Sodium Chloride. i.e. 500 units/mL

Rate units/hr	700	750	800	850	900	950	100	10	50	1100	1150	1200	1250	1300	1350
Rate mL/hr	1.4	1.5	1.6	1.7	1.8	1.9	2.0	2.	.1	2.2	2.3	2.4	2.5	2.6	2.7
Rate units/hr	1400	1450	1500	1550	1600	16	50	700	17	<b>'50</b>	1800	1850	1900	1950	2000
Rate mL/hr	2.8	2.9	3.0	3.1	3.2	3.	3	3.4	3	.5	3.6	3.7	3.8	3.9	4.0



## Adjust Heparin Infusion Rate Based on Nomograms Below

If APTT not in target range within 24 hours, SEEK ADVICE. (Round to closest 50 units/hr)

### ACS<sup>†</sup>, in place of Warfarin maintenance, neuro/vascular surgery <sup>3, 4</sup>

Queensland Health APTT (sec)	Heparin bolus dose (units)	Withhold Infusion (min)	Rate Change in units/kg/hr	Rate Change based on 70kg patient - rounded	Repeat APTT
< 50	60 units/kg	0	+3 units/kg/hr	+200 units/hr	4 - 6 hours
50 - 64	0	0	+2 units/kg/hr	+150 units/hr	4 - 6 hours
65 - 90	0	0	Target – no change	Target – no change	Next morning (within 24hrs)
91 - 100	0	0	-1 units/kg/hr	-100 units/hr	4 - 6 hours
101 - 110	0	30	-2 units/kg/hr	-150 units/hr	4 - 6 hours
> 110	0	60	-3 units/kg/hr	-200 units/hr	4 - 6 hours

### PE/DVT<sup>2</sup>

Queensland Health APTT (sec)	Heparin bolus dose (units)	Withhold Infusion (min)	Rate Change in units/kg/hr	Rate Change based on 70kg patient - rounded	Repeat APTT
< 50	80 units/kg	0	+4 units/kg/hr	+250 units/hr	4 - 6 hours
50 - 64	40 units/kg	0	+2 units/kg/hr	+150 units/hr	4 - 6 hours
65 - 100	0	0	Target - no change	Target - no change	Next morning (within 24hrs)
101 - 110	0	0	-2 units/kg/hr	-150 units/hr	4 - 6 hours
> 110	0	60	-3 units/kg/hr	-200 units/hr	4 - 6 hours

### **Reversal of Heparin**

Protamine is indicated for the treatment of serious heparin overdose. 1mg of protamine neutralises 100 units of heparin if given within 15 minutes of the heparin. If time since heparin administration is greater than 15 minutes, less protamine is required as heparin is excreted rapidly – SEEK ADVICE.<sup>2</sup>

Protamine sulphate injection should be administered by slow intravenous injection over a period of at least 10 minutes with a maximum single dose of 50mg.

<sup>&</sup>lt;sup>†</sup>Acute Coronary Syndrome

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Contact RBWH-SMPU@health.gld.gov.au

<sup>1</sup> Warkentin TE. Greinacher A. Heparin-induced thrombocytopenia: recognition, treatment, and prevention: the Seventh ACCP Conference on Antithrombotic and Thrombolytic Therapy,[erratum appears in Chest. 2005 Jan;127(1):416]. Chest. 126(3 Suppl):311S-337S, 2004 Sep.

<sup>&</sup>lt;sup>2</sup> Hirsh J. Raschke R. Heparin and low-molecular-weight heparin: the Seventh ACCP Conference on Antithrombotic and Thrombolytic Therapy. Chest. 126(3 Suppl):188S-203S, 2004 Sep.

<sup>3</sup> Acute Coronary Syndrome Guidelines Working Group. Guidelines for the management of acute coronary syndromes 2006. Medical Journal of Australia. 184(8 Suppl):S9-29, 2006 Apr 17

Approved by the Queensland Health Statewide Heparin Working Party and endorsed <sup>4</sup> Zimmermann AT. Jeffries WS. McElroy H. Horowitz JD. Utility of a weight-based heparin nomogram for patients with acute coronary syndromes. Internal Medicine Journal. 33(1-2):18-25, 2003 Jan-Feb. by Queensland Health Medication Safety Implementation Group.